



ʔakisq̓nuk First Nation Community News

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March 9 to 20, 2009



Fresh snow.

A late-season storm covered the Columbia Valley with a fresh layer of snow. This picture was taken at sunrise on March 6.



Coming events at the ʔakisq̓nuk First Nation

Sunday, March 8:

Daylight savings time begins. Adjust your clock!

Saturday, March 14:

Member of the B.C. Legislative Assembly Norm Macdonald hosts his Columbia Valley campaign kickoff at the ʔakisq̓nuk Band Hall, 2 p.m. to 4 p.m. This event is open to everyone.

Wednesday, March 11:

Pandemic (major outbreak of disease) training for community members available at the Health Centre,

10 a.m.

Wednesday, March 11:

Report cards at Windermere Elementary

Tuesday, March 17:

Band meeting, 6 p.m. at the Band Hall

Wednesday, March 25:

Social assistance cheque day

March 16 to 27:

Spring break for school children

Wednesday, April 1:

Next AGM planning committee meeting at ʔakisq̓nuk.

Monday, April 13:

Mammogram (breast cancer) tests available at the Health Centre. Free for women 40 and over

Monday, April 13:

Mammograms available at the Health Centre. See form at back of newsletter to register

Wednesdays after school:

Homework session at AFN Band Hall. All stu-

dents welcome

Yoga for everyone:

Yoga class noon to 1:15 p.m. every Tuesday and Friday at the Band Hall.

Ktunaxa Language:

Ktunaxa conversation sessions, 1 p.m. to 3 p.m. every Thursday at the Health Centre

Social Development:

Social development worker Ann Kurenoff's hours have been changed. Ann is now in the office from Monday through Wednesday

Band meeting

A Band meeting is scheduled for Tuesday, March 17, 6 p.m. at the Band Hall.

This will be a chance for Band members to meet Marie Skidmore, the new Band Adminis-

trator. Items on the agenda include: an update from Councillor Lorne Shovar; and update on the Central Water System; and discussion on a meat hanger for the community.

Spay and neuter

The ʔakisq̓nuk First Nation has purchased spay and neuter vouchers from the Cranbrook SPCA. The vouchers will be sold to Band members at cost (\$60 for dogs and \$40 for

cats) and are accepted at the Invermere Veterinary Hospital. This is a very low cost and no additional services are covered with the vouchers. Please call Adrian 342-6301 to get yours.



Odds and ends

- Councillor Lorne Shovar is gathering info on the current traditional use at the Jumbo area. This information will be used in negotiations with the province and the developer of the planned resort. Call Lorne at (250) 342-1714. Your information is important.

- Youth soccer registration time is here. Information and registration forms are available at the front desk of the Band Hall or online at www.cvrec.ca. This is a great opportunity to get involved in a healthy activity and have a lot of fun. Soccer is open to

children born in 2003 or earlier. Deadline is March 13.

- Spring break youth camps are offered for youth five to 12 at the Windermere Community Hall. See the back of the newsletter for more information. There are a wide range of activities so all kids should find something that interests them.

- A worker is required to assist the Akisqnuq Rediscovery Camp Board develop programs and take registrations for 2009. Apply with a resume at the Band Office. Deadline is March 13.

The Pacific Business and Law Institute is orga-

nizing a conference on May 13 and 14 called Crown and Aboriginal Duties: Beyond Consultation. Youth sponsorship is available for youth aged 19 to 29 to be at the conference. For more information go to: www.pbli.com/777 then click the youth sponsorship tab at the right of the page

- Canadian aboriginal writing challenge for youth aged 14-18 or 19-29. Deadline is March 31. If you are interested contact Stephanie Sam or visit www.our-story.ca

- Gathering our voices 2009 Aboriginal Youth Conference. Akisqnuq

plans to sponsor a group of youth to attend this conference in Kelowna, March 17 to 20. If you are interested please contact Stephanie Sam

- Elisha Jimmy, Tina Shovar, Mary Joseph, and Tina Shovar all won prizes in the Applied Science Technologists and Technicians of B.C. logo contest.

- The 2010 Olympic torch will pass through the ʔakisqnuq First Nation in January, 2010. You can apply to be a torch bearer at www.icoke.ca and www.rbc.com

- Mammograms available at the Health Centre on Monday, April 13. See

MLA Norm Macdonald Campaign kickoff at ʔakisqnuq

Columbia River Revelstoke member of the B.C. provincial legislative assembly Norm Macdonald will host his Columbia Valley campaign kickoff event at the ʔakisqnuq First Nation Band Hall on Saturday, March 14 from 2 p.m. to 4

p.m.

Mr. Macdonald will be joined by fellow New Democrat and Ktunaxa Nation member Troy Sebastian at the kickoff event. Mr. Sebastian, who is running for election in the Cranbrook area, will give a short speech.

Other speakers include: ʔakisqnuq Councillor Jesse Nicholas; District of Invermere Councillor Spring Hawes; and Mr. Macdonald himself.

Food will be served and all are invited to attend the family-friendly gathering.

Ktunaxa Nation Head Start

This year the ʔakisqnuq First Nation has teamed up with the Ktunaxa Nation Head Start program to offer early years programs for children. As a part of the arrangement, staff from the Ktunaxa Nation Social Sector will come up to ʔakisqnuq to

offer programming for young children. If you have children up to age six, you are encouraged to contact Head Start workers Heidi Kitt or Chelsea Nicholas about what kind of services can be offered. Both Heidi and Chelsea are avail-

able at (250) 489-4563.

Head Start programming includes six areas: education and school readiness; Aboriginal culture and language; parental involvement, health promotion; nutrition; and social support.

Happy B'day

Happy birthdays to:

Glynda Joseph, March 5th.

Aaron Nicholas and Martin Hall on March 11 from Solo.

Belated wishes to: Naomi Johnson: March 1; Tabitha Capilo, March 20; Vicki Joseph, March 26; and Fiona Capilo, March 28. From Glynda.

Belated wishes to: Adam Nicholas, Feb. 23; Peter Nicholas, Feb. 26; Savannah Armstrong, Feb 25; and Lys Adrian on March 7. From your friends and family.



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This newsletter is published by Adrian Bergles, Communications Coordinator, ʔakisqnuq First Nation

Your thoughts are welcome. If you have a story you'd like to put in the newsletter or anything for Adrian to add, email adrian@akisqnuq.org

Get your newsletter online at:
www.akisqnuq.org

Support the Ktunaxa Economy!

Most Ktunaxa citizens make all their purchases outside their own communities because there aren't Ktunaxa-owned businesses on their reserve.

Money spent outside Ktunaxa communities contributes to the well-being of others and not to the Ktunaxa.

This feeds the cycle of dependency on other communities and other levels of government.

In order to build a Ktunaxa economy it is vital to support community-based entrepreneurs and businesses.

To keep money in the community use Ktunaxa goods and services whenever you can!

Update from the Akisqnuqnik DevCo.

- We are open for business! It has been a long time in the making but we now have an office in the WEST WING of the Eva Joseph Family Centre. Our office hours are 8:00 am to 4:00 pm, Monday to Friday. Our phone number is 250-342-4409. The Development corporation is very busy and we are incredibly excited and look forward to working with the community.

There are two job openings: for a bookkeeper and an administrative assistant. Please submit your resume and a cover letter to Lillian at the DevCo office.

- Lakeshore Resort and Campground: The Fire

Smart Crew are doing an excellent job of thinning, spacing, and removing trees and brush to reduce fire hazards. The crew are hired by Ktunaxa-Kinbasket Development Corporation. The plan is to use the tree thinning at the campground as a showpiece for future tree thinning elsewhere on ʔakisqnuq. Properly thinned brush means less chance of an intense forest fire.

- Employment Opportunities: We have between eight and 10 vacancies for staff at Lakeshore Resort and Campground. Please submit your letter and resume to the office.

The deadline is March 20, 2009.

- Rental Unit: We are bringing a deluxe Moduline Cottage Series home for rent to the general public and campers as part of the campground re-development. Please come and see the plans and ask any questions about the status of the campground.

Initiatives. Please be advised that there will be a meeting of Parents, staff and all who are interested in doing the BEST summer day program ever! Once contacts have been made with all key people a time and date will be announced.

Daylight saving begins this Sunday

On Sunday, March 8 the clocks will spring forward one hour. Despite all the snow on the ground the change is a sure sign that spring is

right around the corner.

Daylight saving time dates back to World War I when the Germans used the time

change to save energy on lighting and to allow more daylight hours later in the day as opposed to early in the morning.

You are welcome to contribute to the newsletter

You are asked to contribute to the ʔakisqnuq Community Newsletter.

The newsletter is a reflection of the happenings and of lives of members of the ʔakisqnuq First Nation -- both on reserve and off.

Any and all Band members, or even those who aren't Band members but

who have news that is of interest to the community are asked to please share it.

Of course the guidelines of good taste apply and no personal attacks will be printed.

Submissions can come in the form of an email, a fax, or even a telephone call.

Emails can be sent to adrian@akisqnuq.org, faxes sent to Adrian @ (250) 342-9693, or calls made to Adrian at (250) 342-6301, ext. 231.

Some Band members have used these pages to share their own stories and artwork. All Band members are welcome to do the same.